Hello. Today I'm going to talk about how diversifying your portfolio can mitigate risk.

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Risk is an inherent part of investing.

After all, no one can control the losses or gains of a particular asset sector or market as a whole.

But you can take steps to help manage your risk by diversifying your portfolio.

Here's a look at what diversification is and why it matters and how you can incorporate it today.

So what is diversification?

Diversification is a technique that can reduce risk and volatility in your investment portfolio.

The idea is to invest across various asset classes, industries and categories in an effort to reduce losses if a particular investment does poorly.

Let me explain more about asset classes.

Different types of assets come with varying levels of risk.

For example, stocks have high growth potential and are relatively low, while bonds tend to offer less growth but are generally less risk.

You can strengthen your approach by diversifying within asset classes.

You may want to buy stocks in companies across sectors such as technology, industrials, or consumer staples.

You may also consider buying companies of different sizes and across geographies.

Lastly, let me share more about the role of mutual funds exchange traded funds and index funds, and now how they can mitigate risk.

Mutual funds, exchange traded funds and index funds or other options especially if the thought of selecting a diverse mix of investments yourself.

Sounds intimidating.

Mutual funds allow you to pull your money with other investors in a collective fund that is invested in a pre-selected mix of assets. These can include stocks, bonds, commodities, and other securities.

Index funds and ETFs, or similar to mutual funds in that they hold a diverse basket of investments.

However, they are managed differently.

Mutual funds are typically managed by professional portfolio manager who actively select securities to invest in with a goal of beating the market.

This is what's referred to as active management.

In closing, diversification does not eliminate risk or prevent investment losses entirely, but it does offer some protection against potential downturns by ensuring your portfolio includes investments that continue to grow while others may be declining.

If you have any questions, we would love to continue the conversation.

Until next time.